

In our Torah portion, after Amalek's unsuccessful attack on the Israelites, God says to Moses, "Write this as a memorial in the book and tell it to Joshua because I will utterly blot out the memory of Amalek from under heaven" (Exod. 17:14). Deuteronomy 25:17-19 repeats the injunction: "Remember what Amalek did to you on your way after you left Egypt . . . When God grants you safety from all your enemies, surrounding you in the land that God is giving you as an inheritance, you should blot out the memory of Amalek from under heaven. Do not forget!"

Both passages center on an apparent oxymoron: we (or God) should erase even the memory of the most terrible aggression against the Israelites, and at the same time we are also commanded to remember and to take action to ensure future communal remembrance. The desire to try to forget our worst experiences is understandable, perhaps even for God. Rashi explains that God shares this desire to forget: "The reason I admonish you thus [to remember] is because I want to blot [Amalek] out."

The irony is that we never forget trauma but we can make ourselves understand the Trauma better. Amalek represents the worst in humanity attacking the weak and hiding amongst their weakest to protect themselves much like modern day terrorists we ask ourselves to always remember that this is the worst of humanity not the best and thus we blot out Amalek by doing good deeds or Mitzvah and helping others find their true humanity.

Shabbat Shalom

Rabbi Jeffery Lipschultz



Joy Epstein	Sunday	01/16/2002
Jan Heidecker	Saturday	01/18/2022



No Anniversaries



**Celebrate Trees!**  
**Tu B' Shevat Program**  
**January 16th at 2:00pm**  
**Cost: \$10**



**New Torah Class Starting on Thursdays!**  
**January 13th, 20th, and 27th at 10:00am**  
**War and Peace in Judaism. Class is free of charge**

**Rabbi Lipschultz will not be here 1/21 or 1/22**  
**Rabbi Sternberg will be doing those services.**

# WELCOME ברוכים הבאים



13702 W. MEEKER BLVD, SUN CITY WEST, AZ. 85375

Phone (623) 584-7210    www.bethemethaz.org    Email bethemethaz@gmail.com

## Rabbi Jeffery Lipschultz Saturday Morning Services Services 9:30 a.m.

Parashat Beshalach / פרשת בשלח

**Read on 15 January 2022 / 13 Shevat 5782.**

1: 14:26 - 15:21 · P 269 - 273

2: 15:22 - 26 · P 273 - 274

3: 15:27- 16:10 · P 274 - 276

4: 16:11 - 27 · P 276 - 277

5: 16:28 - 36 · P 277 - 278

6: 17:1 - 7 · P 278 - 279

7: 17:8 - 16 · P 279 - 281

Maf:17:14- 16 · P 280 - 281

**Haftarah: Judges 4:4-5:31 \* P281**

***Mi Shebeirach, by Debbie Friedman***

***Mi she-bei-rach a-vo-tei-nu  
M'kor ha'bra-cha l'i-mo-tei-nu  
May the source of strength  
Who blessed the ones before us,  
Help us find the courage  
To make our lives a blessing,  
And let us say, Amen***

***Mi she-bei-rach i-mo-tei-nu  
M'kor ha-brach-cha l'a-votei-nu  
Bless those in need of healing  
With R'fu-a sh'lei-ma  
The renewal of body,  
The renewal of spirit  
And let us say,  
Amen***

**Prayer for healing**

We pray for a speedy recovery of body and spirit for the following loved ones and members of our community.

Evelyn Schultz, Helene Schreiber, Richard Wasserman, James Clapp, Herb Leibowitz, Rhoda Lessner, Gloria Greenberg, Shlomo Ben Channah, Joan Karlin, Charlie Tarnor, Marty Hamer, Shelly Roberts, Sheldon Koven, Lorraine Silverman, Lorre Wyatt, Cheryl Bookman, Robert Summer, Bert and Lola Atlansky, Elaine Schwartz, Harry and Barbara Newman, Irving Schweizer, Louis Lowy, Allen Klein, Maxine Popolow, Kat Magedman, Phillip Kanter, Ellen Bogolub, Edward Schwartz, Baruch Ben Chanah Rachel, Jamie Joseph, and Mindel Bayla.

**The following Yahrzeits will be observed during this week.**

01/16/2022	Shevat 14	Sam Lauer	Father	Gail Grossman
01/17/2022	Shevat 15	Yale Caplan	Brother	David Caplan
01/19/2022	Shevat 17	Joseph Fineberg	Father	Sonia Marshall
01/19/2022	Shevat 17	Irving Segall	Uncle	Owen Segall
01/20/2022	Shevat 18	Marty Feldman	Brother-in-law	Iris Silverman
01/20/2022	Shevat 18	Clara Perlmutter	Mother	Myron Perlmutter

Recently deceased: Eric Van Spreckelson, Howard Goldstein, Geri Cooper, Nelson Magedman, Adele Sacher, Gilbert Weller Selma Moskowitz and Marion Wolf.

**May their memory be a blessing.**

**יהי זכרם ברוך.**