



# Beth Emeth

**"More Than Just The Conservative Congregation of the West Valley, We Are A Community".**

BETH EMETH CONGREGATION  
13702 W. Meeker Blvd., Sun City West, AZ 85375  
623-584-7210 bethemethaz@gmail.com  
www.bethemethaz.org

**ELUL 5778 - TISHREI 5779**

**2018**

***Rabbi Tracee Rosen***



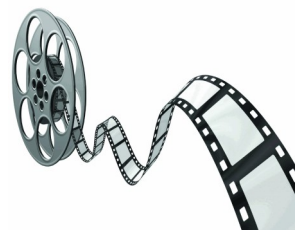
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## SABBATH CANDLE LIGHTING

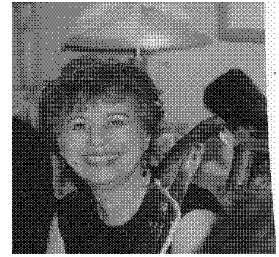
Sept.	7	6:27
	14	6:18
	21	6:08
	28	5:58



Volume 2018  
Number 35

***PRESIDENT'S MESSAGE:***

***Marilyn Newberg, President***



Please remember to go thru your closets, tool shed, kitchen items, and what you no longer need, please donate to our yard sale. We really could use: tools, linens, dishes, utensils, pots & pans. I would truly like to see us make more for Beth Emeth than our previous sales.

I am asking you to come and support our efforts. Bring a friend. Once again, I would like to thank everyone involved on the sales team, and all of you for your donations. Kudos to everyone who donated monies for our Parking Lot. Your donation, whether large or small made a difference.

My best wishes and a huge thank you to Joe Sontag and the ritual committee for doing an outstanding job during the weeks that our Rabbi was on vacation.

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Dear Congregants:

You may have noticed that part of our parking lot was not paved. We, the board, have been working with a commercial realtor to see if we could get a buyer for the 1 1/3 acre parcel behind the synagogue.

This is only in phase one. Should our realtor find a suitable buyer for that parcel, the congregation will have an opportunity to discuss all aspects of the sale. We will not proceed without your consent, and approval.

From what we have been told, the property is in a prime area. I will keep you updated every month.

Excuse me for not letting you know, however, we will do our best in the future.

Thank you,

Marilyn Newberg

## From the Desk of Rabbi Tracee Rosen



“A human being is a part of the whole called by us universe, a part limited in time and space. He experiences himself, his thoughts and feeling as something separated from the rest, a kind of optical delusion of his consciousness. This delusion is a kind of prison for us, restricting us to our personal desires and to affection for a few persons nearest to us. Our task must be to free ourselves from this prison by widening our circle of compassion to embrace all living creatures and the whole of nature in its beauty.”

Albert Einstein wrote these words in the 1940s to a grieving father who had lost his teenage son. The story of Einstein and of the father, Rabbi Robert Marcus, is beautifully told in Rabbi Naomi Levy’s new book, *Einstein and the Rabbi: Searching for the Soul*. *I won’t give all the details of her three year search for the source of this correspondence away, you’ll have to read the book for yourself. But Rabbi Levy uses these words as a jumping off point to explore what this consummate man of science, Einstein, refers to as an “optical delusion,” the existence of the something that connects each and every one to the totality of the universe. Levy refers to this something as the soul.*

This year for our High Holy Day services, I want to use the time we share together to explore Jewish concepts of the soul. Each of my main talks will explore not only traditional Jewish beliefs, but how we can apply these ideas to help us attain more contentment, fulfillment and meaning in our lives, and how a more expansive view of our place in this universe can lead us to improving the world.

I hope you will join us as we pray and study together in the coming days, and after the holidays, please come learn and socialize with us during the coming year. Let’s all make Beth Emeth our Jewish home in the West Valley.

L’shanah tovah,

**Rabbi Tracee Rosen**

## **YOU ARE INVITED TO "BREAK THE FAST" ON**

**WEDNESDAY, SEPTEMBER 19th AT 7:30 p.m. The cost is \$10.00 for Members/\$12.00 for Non-Members. You must RSVP before September 12th.**

**Call 623-584-7210**

A break-fast in Judaism is the meal eaten after fast days meals such as Yom Kippur and Tisha B'Av.<sup>[1]</sup> During a Jewish fast, no food or drink is consumed, including bread and water. The major fasts last over 25 hours, from before sundown on the previous night until after sundown on the day of the fast.<sup>[2]</sup> Four other shorter fasts during the year begin at dawn and end after sunset.<sup>[3]</sup> In Islam fasting mostly occurs during the month of "Ramadan" where Muslims fast for the whole duration of the month for around 30 continuous days. The fasting starts at dawn and ends by sunset where the first meal "break fast" is eaten. During the time of fast no form of food and drinks are consumed.

### **Occurrence**

A break-fast follows each of the major Jewish fast days of Yom Kippur and Tisha B'Av, as well as the four minor fast days of Fast of Gedalia, Fast of Esther, Tenth of Tevet, and Seventeenth of Tammuz.

### **Description**

To break the fast, it is customary to eat a light meal consisting of salads and dairy foods.<sup>[4]</sup> Heavy food on an empty stomach is usually avoided. Sometimes the fast is broken with tea and cake before eating a full meal.<sup>[5]</sup> A drink of milk or juice before the post-fast meal helps the body to readjust and diminishes the urge to eat too much or too rapidly.<sup>[6]</sup>

Customs for the first food eaten after the Yom Kippur fast differ. Iranian Jews often eat a mixture of shredded apples mixed with rose water called "faloodeh seeb." Polish and Russian Jews will have tea and cake. Syrian and Iraqi Jews eat round sesame crackers that look like mini-bagels. Turkish and Greek Jews sip a sweet drink made from melon seeds. Some people start with herring to replace the salt lost during fasting.<sup>[7]</sup> North African Jews prepare butter cookies known as rhuraieba ("ribo" among Moroccan Jews) for the meal after the Yom Kippur fast.<sup>[8]</sup>

Orthodox Jews generally do not eat meat or drink wine at the break-fast after Tisha B'Av because the burning of the Temple on the 9th of Av is said to have continued until noon on the 10th of Av.<sup>[9]</sup> Even when the 9th of Av falls and Shabbat and Tisha B'Av is observed on the 10th, though all other Nine Days restrictions end with the fast, wine and meat are customarily still not consumed at the break fast.



# High Holy Days Services

2018 / 5779

<b>Selichot</b>	<b>Saturday</b>	<b>Sept.</b>	<b>1</b>	<b>7:30 p.m.</b>
<b>Rosh Hashanah Eve</b>	<b>Sunday</b>	<b>Sept.</b>	<b>9</b>	<b>6:30 p.m.</b>
<b>Rosh Hashanah 1st Day</b>	<b>Monday</b>	<b>Sept.</b>	<b>10</b>	<b>9:00 a.m.</b>
<b>Rosh Hashanah 2nd Day</b>	<b>Tuesday</b>	<b>Sept.</b>	<b>11</b>	<b>9:00 a.m.</b>
<b>Friday Evening Services</b>	<b>Friday</b>	<b>Sept.</b>	<b>14</b>	<b>6:30 p.m.</b>
<b>Shabbat Shuvah</b>	<b>Saturday</b>	<b>Sept.</b>	<b>15</b>	<b>9:00 a.m.</b>
<b>Community Memorial Service</b>				
	<b>Sunland Memorial Park Sunday</b>	<b>Sept.</b>	<b>16</b>	<b>11:00 a.m.</b>
<b>Erev Kol Nidre Service</b>	<b>Tuesday</b>	<b>Sept.</b>	<b>18</b>	<b>6:30 p.m.</b>
<b>Yom Kippur Service</b>	<b>Wednesday</b>	<b>Sept.</b>	<b>19</b>	<b>9:00 a.m.</b>
<b>Yizkor Service</b>	<b>Wednesday</b>	<b>Sept.</b>	<b>19</b>	
<b>Begins 12:30 Doors open at 12:15 p.m.</b>				
<b>Minchah/Neilah</b>	<b>Wednesday</b>	<b>Sept.</b>	<b>19</b>	<b>4:30 p.m.</b>
<b>Break the Fast</b>	<b>Wednesday</b>	<b>Sept.</b>	<b>19</b>	<b>7:30 p.m.</b>

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**Sunday, October 28, 2018 at 10:00 a.m. to 2:00 p.m.**

**You can drop off your donations (or call the  
Synagogue )**

**Monday - Friday**

**9:00 a.m. to 1:00 p.m. For more information,  
please call 623-584-7201**

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13702 W Meeker Blvd  
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**Professor Shai Secunda**  
Thursday, October 18 | 1 PM  
Jewish Worship Group



**SONGS OF GENERATIONS;  
JEWISH HISTORY THROUGH  
YIDDISH SONG**

**Rabbi Avram Mlotek**  
Monday, November 5 | 1 PM  
Beth Emeth Congregation of the West Valley



**THE HEROIC ESCAPE TO JAPAN  
AND CHINA DURING THE  
HOLOCAUST- THE FUGU PLAN!**

**Rabbi Marvin Tokayer**  
Tuesday, December 4 | 1 PM  
Beth Emeth Congregation of the West Valley



**SHE WHO DWELLS WITHIN:  
SHECHINAH, THE FEMININE  
FACE OF GD IN TORAH,  
MYSTICISM, AND OUR WORLD**

**Rabbi Dr. Tirzah Firestone**  
Monday, January 21 | 1 PM  
Beth Emeth Congregation of the West Valley



**THE LIFE AND LEGACY OF ELIE  
WIESEL: A STUDENT'S  
PERSPECTIVE**

**Rabbi Dr. Ariel Burger**  
Monday, February 4 | 7 PM  
Jewish Worship Group



**THE GALITSYANERS:  
(RE)DISCOVERING  
JEWISH GALICIA**

**Professor Joshua Shanes**  
Tuesday, March 19 | 1 PM  
Beth Emeth Congregation of the West Valley

**Panel Discussion featuring Rabbi Tracee Rosen**



**JEWISH LITERACY:  
THE IMPORTANCE OF  
THE PAGE**

Panelists Rabbi Micah Caplan of  
Congregation Or Tzion, Rabbi Tracee Rosen  
of Beth Emeth Congregation of the West  
Valley, and Suzanne Swift of the Jewish  
Book Council. Facilitated by local author,  
Judy Laufer.

**Wednesday, January 30  
7PM | Temple Chai**

**Suggested donation:  
\$18 per event**

**Register online:  
[www.valleybeitmidrash.org](http://www.valleybeitmidrash.org)**

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[www.ValleyBeitMidrash.org](http://www.ValleyBeitMidrash.org)

**FRIENDS & NEIGHBORS SPECIAL - WE HAVE A NEW  
MEMBER SPECIAL:**

Join Beth Emeth Congregation for \$550.00 per person, and you will receive one FREE High Holiday Ticket per person (a \$72.00 value), membership from September 2018 through December 2019. If you wish you can give your first payment of \$150.00 per person before September 7<sup>th</sup> 2018. Monthly payments of \$100.00 per person towards the dues must be paid in full before April 2019. Please RSVP by August 20, 2018, 13702 W. Meeker Blvd., Sun City West. 623-584-7210

**HI HO HI HO IT'S OFF TO ISRAEL WE GO!**

Rabbi Tracee Rosen is putting together a trip to Israel in March 31st - April 9th, 2019. We are finalizing the details and looking for people who would be interested in going and/or getting more information. Please call Sandy at Beth Emeth Congregation 623-584-7210. This trip is open to members and non-members.



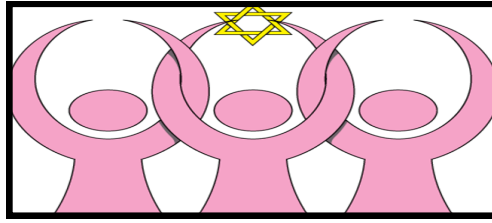


## **BREAK THE FAST, YUM!**

**Please join Beth Emeth Congregation in celebrating Break the Fast on Wednesday, September 19<sup>th</sup>, at 7:30 p.m. \$10 for members/\$12 for non-members. RSVP by September 12<sup>th</sup>. 13702 W. Meeker Blvd., Sun City West 623-584-7210.**



# SISTERHOOD



## SISTERHOOD CALENDAR 2018

Please mark the dates for the Sisterhood Meetings. **NOTE:** September Sisterhood Board Meeting will be open to all. Come bring your ideas and help us plan for an exciting year ahead.

September 13, 2018	Thursday	11:00 a.m.	Board Meeting - OPEN TO ALL
September 24, 2018	Monday	11:00 a.m.	Sisterhood sponsored Kiddush in Sukkah
October 11, 2018	Thursday	11:30 a.m.	Board Meeting
		1:00 p.m.	General Meeting and learning with Rabbi Rosen
November 8, 2018	Thursday	9:30 a.m.	Board Meeting
		11:30 a.m.	Game Day & Lunch

Chanukkah Plans to be announced.....

Supporting our Congregation and making new friends. Come be inspired by services and enjoy a nosh. Be a part of our sisterhood - Blessings abound in each of us. Help us Grow!



## **ABOUT SYBIL NEWMAN**

Tuesday August 21st, the world lost a remarkable woman. Sybil Newman of Sun City West, AZ. She was 103 and lived a Long and productive life. Sybil was truly a life long learner. She had an innate curiosity, a very sharp mind, and was a voracious reader. She also had a very dry sense of humor, and enjoyed a good pun. Sybil's feisty "I can do attitude" served her well all her years.

Coming from a line of Rabbis, Judaism was part and parcel of who she was and how she lived her life. Sybil grew up personally knowing/interacting with some of the Greats in modern Jewish life. In her youth she was friends with the children of, and spent time in the home of, Solomon Schechter. Henrietta Szold held some of her first Hadassah meetings at Sybil's aunt's apartment. Sybil recalled attending with her mother, and latter communicated via letters to/from Henrietta regarding starting her own chapter, and naming it after Henrietta. Sybil was an active member of synagogues both in New York and in Arizona. She served as an early board member for Beth Emeth Congregation, where she has been a member and supporter for over 25 years.

I met Sybil when she needed Rehab after surgery 10 years ago. What began as just a concerned follow up, bloomed into a very special relationship. Sybil became more than a friend, she became family. She was my lens to viewing history both Judaic and secular from a personal note. Sybil's facts we're always spot on when I would look information up. Her knowledge of Jewish thought and tradition was rich and deep. She understood the difference between a minchag (custom) and Halacha (law). Sybil had great respect for the differences in customs that occurred between Jews from different world locations, and she was knowledgeable of how customs changed over time.

While very traditional in her thinking, She was a "feminist" from age 8 when she explained to her father, who was scolding her in behaving like a "Tomboy", "Abba, HaShem blessed me with strong legs to run and climb, surely if He gave them to me , a girl, it is not just for Boys".

Sybil believed in tolerance and wished the Jewish people would strive to see themselves "as one nation" with less divisiveness. Sybil loved Israel. She was saddened, and didn't really understand, why Jews would choose to be unaffiliated, and not want to support their synagogues whole heartedly, or why so many would get caught up in negative rhetoric about Israel. Rather than focus on the negatives, she would want us to strive to see the positives, have faith and work together.

Sybil, was my role model, inspiration, cheerleader, and confidant. I will miss her feisty spirit, rich stories and sharing her point of view....most of all I will miss the love she showered upon me. May her soul be bound up with the righteous souls who have gone before her and rest in peace.

Ketzi Toney



**BETH EMETH SYNAGOGUE**  
**13702 W. Meeker Blvd**  
**Sun City West, AZ 85375**



**1/3 mile North of R.H. Johnson on Meeker Blvd.**

# **CACTUS KOSHER**

## **HOT DOG DAY**

**SUNDAY, OCTOBER 7, 2018**  
**11:00 a.m. - 2:00 p.m.**



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# ***Birthdays & Anniversaries***

## ***SEPTEMBER 2018***

### **BIRTHDAY**

**4 Donald Stevens**  
**5 Marion Wolf**  
**8 Marilyn Newberg**  
**10 Efrem Schwartz**  
**13 Suzan Giloni**  
**17 Harry Newman**  
**21 Ronald Paul**  
**29 Sonia Marshall**  
**30 Gerald Rich**

### **ANNIVERSARY**

**5 Max & Sherry Lazar**  
**12 Louis & Marion Koshar**  
**16 Marvin & Sue Geller**  
**16 Michael & Teri Goldman**

### **DONATIONS**



**CC's Adult Care Two Inc.**  
**CC's Adult Care Inc.**

**Rosie Colbert**  
**Silvia Choy**

***Many thanks for the condolences that we received on the loss of my Mother Rose Kanter. Phyllis & Jim Frank***

***To Rabbi Rosen & Family and to All The Good Friends in my extended family: I want to wish all of you a Very Happy, Healthy and Blessed New Year. You all have made my life much richer. Love To All, Gloria Greenberg & Family***

**Friday , August 24th, Beth Emeth's male members responded to the calls to help us make a minion of at least 10 men (as is the traditional requirement) to allow Sybil Newman's family say Kaddish at her funeral. When I stood up to speak , I was overwhelmed by the attendance. On behalf of Sybil's family I want to thank each of you, men and women, for turning out on a very hot day. You brought honor and respect to Sybil and to yourselves by completing this very important Mitzvah. With heartfelt appreciation, Todah Rabah! Ketzi Toney**



## Yahrzeit Donations

Geri & Gene Cooper  
Stanley Debber  
Shirley Gubin  
Sheldon & Judith Koven  
Norman Kurtz  
Ronald Paul  
Bernard Rosen  
Joan Rothfeld  
Sharon & Saul Rothzeit  
Norma Weintraub  
Celia Weissbuch

## Yizkor Donations

Irwin & Alice Bernstein  
Abraham Cohen  
Irv Glorit  
Solomon & Shula Kantor  
Max Kelley  
Elliot & Brenda Kleinman  
Sheldon & Judith Koven  
David & Marcia Levy  
Alice Mason  
Natalie Morrison  
Robert & Marilyn Newberg  
Ronald Paul  
Saul & Sharon Rothzeit  
Adele Sacher  
Owen Segall  
Lorraine Silverman



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On the 26<sup>th</sup> of August, Beth Emeth had a fantastic, most delicious brunch in honor of our newly paved parking lot. Plus a meet and greet with friends both old and new.

Let me thank everyone who donated their time and money to getting the parking lot finished. There were so many generous people, and I wish to thank them all. The amount of your donations, whether large or small, was a blessing. Please pat yourselves on the back.

Anytime a person gives from their heart, is a mitzvah. Mitzvah.....doing something kind, without telling anyone. You are all our angels. La Shana Tova to all. From my heart, Marilyn Newberg

# OPEN HOUSE/ BRUNCH - AUGUST 26, 2018

## HAPPY FACES



# **JUDAICA SHOP SPECIAL**

**All head coverings 20% off during August and September.**

## **Consignment Corner**

**If you have any Judaica items that you no longer use, won't you consider consigning or donating these items to Beth Emeth. All proceeds go to support our synagogue. Come and shop.**



---

## **IN HOME CARE**

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*Suggested dedicated items*

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<Anniversaries  
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Large Rock	\$1200

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**623-584-7210**

**CALENDAR OF**  
**REGULAR EVENTS**

(EXCEPTIONS DO HAPPEN, SO  
PLEASE CHECK)

- **Executive Meeting**  
1st Friday of each  
month at 9:30 am
- **Board Meeting -**  
3rd Thursday of each  
month at 9:30 am
- **Sisterhood Board**  
**Meeting -** 2nd Thurs-  
day of each month at  
11:00 am. Usually
- **Minyan**  
Mondays & Thursdays -  
8:00 am

**MUSHKATEL, ROBBINS &**  
**BECKER, PLLC**

**Attorney**

**15249 N. 99 Avenue**

**Sun City, Arizona 85351**

**623-889-0691**



## **CC's Adult Care Inc.**

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**MONTHLY RATE IS FIXED AT MOVE-IN AND WILL NOT INCREASE.**

**ALL SERVICES AND SUPPLIES ARE  
INCLUDED EXCEPT PRESCRIPTION MEDICINES.**

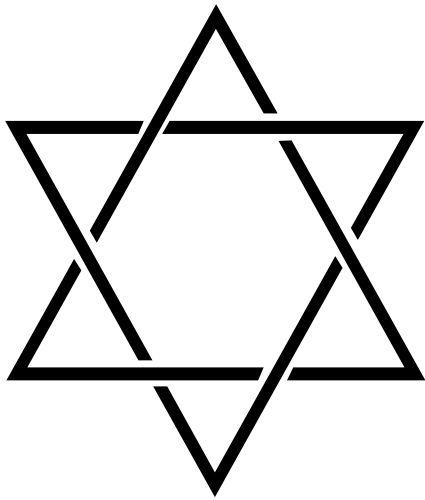
### **Jewish Family and Children's Service (JFCS)**

■ Ellie Schwartzberg of Jewish Family and Children's Service (JFCS) offers individual counseling, referral to appropriate resources and advocacy to Jewish people living in the Sun Cities and surrounding communities.

■ This is a free program underwritten by the Jewish Federation. Ellie has a Master's degree in counseling from ASU and has been at JFCS for the past 32 years working with an older population. She is currently the Vice President of Geriatric Services at JFCS. Ellie offers this program at the Sun Cities Community Services Building on Tuesdays (9451 N. 99<sup>th</sup> Ave. Sun City) and at Beth Emeth Synagogue (13702 W. Meeker, Sun City West) on Thursdays. Counseling addresses such issues as coping with bereavement and loss, care-giving stress, long term planning and decision making, adjustment to chronic health problems, loss of independence, depression, couples' issues, communication and problem solving with adult children, etc.

■ Ellie facilitates a Bereavement Support Group at Beth Emeth Congregation every Thursday from 1:00 -2:00 PM. This group is open to anyone who has lost a spouse or significant other within the past two years.

■ Please call Ellie Schwartzberg at **602-452-4660** for more information or to make an appointment.



# SINAI MORTUARY


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We urge all male members of BEC who are not Men's Club members to join with us, to help BEC into the future.

Black-Off Kosher Hot Dog Day,

that it was decided to have

here with plans to view a game

will be announced when confirm

s. Members will be contacted



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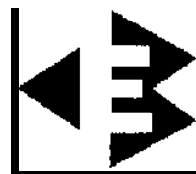
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**September 2018**  
21 Elul 5778 - 21 Tishri 5779

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> <b>SELIHOT</b> Services 9:00 a.m. Selichot Services 7:30 p.m. Services 9:00 a.m.  21 Elul
<b>2</b>    22 Elul	<b>3</b> Minyan 8:00 a.m.   23 Elul	<b>4</b>    24 Elul	<b>5</b>    25 Elul	<b>6</b> Minyan 8:00 a.m.   26 Elul	<b>7</b> Services 6:30 p.m.   27 Elul	<b>8</b> Services 9:00 a.m.   28 Elul
<b>9</b> <b>EREV ROSH HASHANAH</b> Services 6:30 p.m.  29 Elul	<b>10</b> <b>ROSH HASHANAH I</b> Rosh Hashanah Services - 9:00 a.m.  1 Tishri	<b>11</b> <b>ROSH HASHANAH II</b> Rosh Hashanah Services - 9:00 a.m.  2 Tishri	<b>12</b> <b>FAST OF GEDALIAH</b>  3 Tishri	<b>13</b> Sisterhood Bd. Mtg. 11:00 a.m. Minyan 8:00 a.m.  4 Tishri	<b>14</b> Services 6:30 p.m.   5 Tishri	<b>15</b> Shabbat Shuvah Services 9:00 a.m.  6 Tishri
<b>16</b> Community Memorial Service at Sunland - 11:00 a.m.  7 Tishri	<b>17</b> Minyan 8:00 a.m.  8 Tishri	<b>18</b> <b>EREV YOM KIPPUR</b>  9 Tishri	<b>19</b> <b>YOM KIPPUR (YIZKOR)</b> Service 9:00 a.m. Yizkor Serv. Begins at 12:45 p.m. Minchah/Neilah 4:30 p.m. & Break The Fast at 7:30 p.m. 10 Tishri	<b>20</b> Minyan 8:00 a.m.  11 Tishri	<b>21</b> Executive Bd. Mtg 10:00 a.m. Directors Mtg. 11:00 a.m. Services 6:30 p.m.  12 Tishri	<b>22</b> Services 9:00 a.m.  13 Tishri
<b>23</b> <b>EREV SUKKOT</b> Erev Sukot Services 6:30 p.m.  14 Tishri	<b>24</b> <b>SUKKOT I</b> Services 9:00 a.m.  15 Tishri	<b>25</b> <b>SUKKOT II</b> Services 9:00 a.m.  16 Tishri	<b>26</b> <b>HOL HAMOED SUKKOT I</b>  17 Tishri	<b>27</b> <b>HOL HAMOED SUKKOT II</b> Minyan 8:00 a.m.  18 Tishri	<b>28</b> <b>HOL HAMOED SUKKOT III</b> Services 6:30 p.m.  19 Tishri	<b>29</b> <b>HOL HAMOED SUKKOT IV</b> Services 9:00 a.m.  20 Tishri
<b>30</b> <b>HOSHANAH RABBAH</b>  21 Tishri						

[Candle Lighting, Observance End, Printed August 28, 2018/17 Elul 5778 for Phoenix, AZ]



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