



Beth Emeth

"More Than Just The Conservative Congregation of the West Valley, We Are A Community".

BETH EMETH CONGREGATION
 13702 W. Meeker Blvd., Sun City West, AZ 85375
 623-584-7210 bethemethaz@gmail.com
 www.bethemethaz.org

Rabbi Tracee Rosen

**TISHREI - CHESHVAN 5779
 2018**



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SABBATH CANDLE LIGHTING

Oct.	5	5:49
	12	5:40
	19	5:26
	26	5:24

GET YOUR CALENDAR READY!!!!

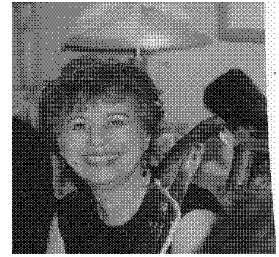
**SOME WONDERFUL SOCIAL EVENTS
 ARE COMING TO BETH EMETH FOR
 2018-2019.**

Volume 2018
 Number 36

Our President 2018

PRESIDENT'S MESSAGE:

Marilyn Newberg, President



Happy 5779 to you all,

Deep down in my heart, I knew that Beth Emeth would win the fight against all the nay- sayers. While some took the low road, our board took the highest road. I am so proud of everyone who has helped our lovely synagogue through some rough times. Whether you gave your time or your money, it inspired others to do the same.

I am also excited to tell you that we have 12 new members, and counting. I met with a couple from Nevada, who are looking to re-locate in the West Valley. They have already told me that they love our shul, will join as soon as they get settled, and look forward to volunteer.

Rabbi Tracee has set the dates for her classes. If they are anything like her sermons, you will not be disappointed. Rabbi has also helped to develop our choir. Sid Engel and our choir will have music for Friday night services once a month.

Prospects for the sale of some of our property is very exciting. We have a terrific, and knowledgeable realtor who has been working very hard with Jordan, to make sure that Beth Emeth has a secure future.

I encourage you to step outside the box. If you meet someone who is Jewish, chat about our synagogue. Tell them that they are always welcome to stop in the office to take a tour. Invite them to Friday evening or Saturday morning services.

Lastly, please take home a tszdaka box. All the money that you bring in, goes into the "kitchen fund."

Have a wonderful year, we have a lot to be thankful for.

Shalom, Marilyn Newberg

From the Desk of Rabbi Tracee Rosen

To begin, I extend a sincere thank you to all of our staff and volunteers who worked so hard this year to make our High Holy Day services run smoothly and beautifully. At the obvious risk of inadvertently neglecting someone, I still want to publicly thank:

- Sandy Nonas, my partner in the office who makes me look good each and every week. Behind the scenes and at the front desk, she demonstrates how much she cares for this shul, and keeps everything running. Once again, we helped deliver an uplifting and spiritual experience for newcomers and long time members.
- Our daveners, Torah & Haftarah readers, shofar blowers: Joe Sontag, Nelson Magedman, Charlie Tarnor, Keren Goldberg, Jonathan Abrami, Tali Rosen-Goldberg, and all those who participated in having aliyot, leading English readings, and opening the ark.
- The choir and its talented director, Sid Engel, Natalie Morrison who worked hard to pull everyone together, and our singers: Rosemary Abrami, Wendy Engel, Irv Glorit, Sarah Klein, Natalie Morrison, Sharon Rothzeit, and Norma Weintraub. You all worked so hard during the summer, and took on a lot of material. May you grow from strength to strength over the coming years.
- Cheryl Bookman, Rhoda Lessner, Marilyn Newberg, and the crew of wonderful people who worked hard in the kitchen to bring us a delicious break-the-fast meal, a lovely conclusion to Yom Kippur.
- Gloria Greenberg, who coordinates and assigns individual honors, and Gene Cooper who coordinates the greeters and ushers, Geri Cooper and those who greeted our guests at the front.
- Rhoda Lessner, who with Sandy, pulls together the annual Book of Remembrance, which looked beautiful this year.
- Irma Epstein, who graciously supplied the floral arrangements that decorated the bimah.
- The family of Stan and Jackie Silver, who provided the beautiful new white Torah cover.
- All of those who donated to our Yizkor appeal. Your participation in this extra fundraiser, helps us to raise the funds necessary to keep the lights on and the air conditioner running, and best of all, you give without requiring us to take time away from our prayers on Yom Kippur to listen to a fundraising appeal. Thank you.
- And, *acharon acharon chaviv, last, but certainly not least, our wonderful, energetic, funny president, Marilyn Newberg, and the board of directors, who work so hard every week to keep Beth Emeth making progress in our goal to become the Jewish heart of the West Valley. I look forward to many years together in moments of joy and even sadness, but especially moments of sacredness.*

Now that the holidays are over, I hope you, dear reader, will choose to participate often in one or more of the classes, special services, and social events that we have planned (See the rest of the Observer for more details on each).

May the Hebrew year 5779 be a year of sweetness, health and prosperity for us all.

Rabbi Tracee Rosen

HI HO HI HO IT'S OFF TO ISRAEL WE GO!

Rabbi Tracee Rosen is putting together a trip to Israel in March 31st - April 9th, 2019. We are finalizing the details and looking for people who would be interested in going and/or getting more information. Please call Sandy at Beth Emeth Congregation 623-584-7210. This trip is open to members and non-members.

Attention: Those interested in the Israel Trip with Rabbi Rosen this spring:

There will be an organizing meeting with our tour organizer, David Magen, from Da'at Travel on Monday, November 5 at 9:30 a.m. We will have new specifics about the trip and many of the questions previously asked have answers. Please plan to attend. Light refreshments will be served. RSVP to Sandy.



BETH EMETH AND THE NORTHWEST VALLEY • JOURNEY TO ISRAEL • LED BY RABBI TRACEE ROSEN

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MARCH 31 - APRIL 9, 2019

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**You are invited to join us
for the installation of**



**Rabbi Tracee Rosen
our Spiritual Leader**

Finally, a proper welcome to our very own, Rabbi Tracee. She is just starting her second year as our Rabbi and I am sure that you have noticed the changes in our synagogue. From the earlier Friday night services, educational classes, choir, and new members, this year's new classes, musical Shabbats, exciting trip to Israel and many other new experiences that she brings to our shul. And, she likes us too!

**So, let's celebrate this wonderful union of our
Congregation and Rabbi Tracee
Sunday, October 21, 2018**

A Cocktail Party at 3:00 - 5:00 p.m.



© Can Stock Photo - csp21442575

**Here Is Your Opportunity to get rid
of all you don't wear or use anymore.**

**Clean out your closets, garage, kitchen and every
other thing you want to get rid of.**

**We need all your gently used and workable items
for our annual Rummage Sale:**

Sunday, October 28, 2018 at 10:00 a.m. to 2:00 p.m.

**You can drop off your donations (or call the
Synagogue)**

Monday - Friday

**9:00 a.m. to 1:00 p.m. For more information,
please call 623-584-7210**

**RUMMAGE
SALE**

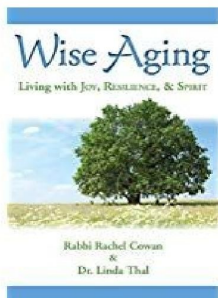
Adult Learning at Beth Emeth Congregation - 5779

Rabbi's Class - Hidden Secrets of the 10 Commandments

Dates: Thursdays, starting October 18, 2018 on:
10/18, 11/1, 11/15, 12/6, 12/20, 1/17, 2/7, 2/21,
3/7, 3/21, 4/18, 5/2, 5/16
Time: 10:30-11:30 am
Location: Beth Emeth, Hindin Hall
Cost: Donations welcome
Instructor: Rabbi Tracee Rosen



Contrary to popular belief, the texts known as the 10 Commandments, are not God's Top Ten List, or favorite suggestions. In fact, they are erroneously named "commandments." Examined in context, these principles represent a very sophisticated structure of typologies which can help us understand how to live our lives in a more covenanted and spiritual way. Please join us as each week we explore in depth the underlying meanings of each of these important principles and how they fit together to form a complete picture of how to be a better person. Each class is a stand-alone session, although attending the first session will help to inform the rest.



Wise Aging Workshop

Dates: Tuesdays, starting October 9, 2018 on:
10/9, 10/23, 11/13, 11/27, 12/11, 12/18,
Time: 10:30-11:30 am
Location: Beth Emeth, Library
Cost: \$60 for first 6 sessions, includes a copy of the paperback book.
Facilitator: Rabbi Tracee Rosen

What are you doing for the rest of your life? Join the movement that's sweeping the country. As we grow older, we realize that our generation can expect to spend up to one-third of our lives in post-retirement. This intimate group workshop gives us a chance to explore techniques and practices that will help us to define, redefine, and actively work toward realizing our life's goals and purposes during this "saging" time of our lives. Jewish wisdom and expertise from many cultures are explored. Anyone over age 50, Jewish or not, can benefit from this fabulous program. Minimum registration is 6 students, maximum 12.

Topics include:

- Becoming our authentic selves
- Reviewing our lives
- Revitalizing and nourishing healthy relationships
- Cultivating qualities of soul
- Practicing forgiveness
- Learning to live with loss, change and death
- Creating relevant rituals
- Cultivating wisdom
- Leaving a legacy

Introduction to Judaism

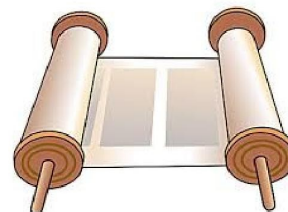
Dates: Thursdays, starting October 25, 2018:
10/25, 11/8, 11/29, 12/13, 1/3, 1/10, 1/24, 2/14,
2/28,
3/14, 3/28, 4/25, 5/9, 5/23, 5/30
Time: 10:30 am -12:00 pm
Location: Beth Emeth
Cost: Non-members - \$180 for 15 sessions, Members -
no charge. Students are responsible for the cost of class texts.
Instructor: Rabbi Rosen & periodic guest lecturers



Learn the basics of Jewish beliefs, practices, holidays, prayer, and history in 15 lessons. This class is for everyone who wants a stronger foundation in the basics of Jewish belief and practice. It is open to people who are Jewish and non-Jewish. It is especially recommended for those considering conversion to Judaism, and is an essential part of the Rabbi's conversion program. At the same time, there is no pressure on anyone to convert. Minimum registration is 6 students.

Adult B'nei Mitzvah Class

Dates: Weekly on Tuesdays, starting October 9, 2018
Time: 10:30 am -11:30 am
Location: Beth Emeth, Hindin Hall
Cost: \$100
Instructors: Keren Goldberg, Rabbi Tracee Rosen



If you have ever wished that you had a chance to celebrate a bat or bar mitzvah in the synagogue, now is your chance. Under the gentle guidance of Rebbetzin Keren Goldberg and Rabbi Rosen, you'll learn about the Shabbat morning prayer service, how to lead selected prayers, how to have an aliyah to the Torah and master a portion of Torah or Haftarah reading. The culmination will be a group celebration at services on the second weekend of June 2019. There are no prerequisites, but the ability to read Hebrew at any level and familiarity with the Shabbat morning service are both pluses. If you can't read Hebrew, we will work with you to meet your goals. Minimum registration is 5 students.

Register for any of these classes by dropping by the Beth Emeth office, or calling Sandy in the office to reserve your spot. Some classes require minimum registration in order to be held. Please register by October 8.

Bureau of Jewish Education Courses

We are once again partnering with the BJE of Phoenix to offer classes in the West Valley. Fall classes run for 6 weeks on Wednesday mornings, October 10 - November 13, 9:30-11:40 am, and meet at Temple Beth Shalom. Spring classes will run weekly from January 23 - February 27, and will meet at Beth Emeth Congregation. See the BJE flyer for more information. **Please register directly with the BJE either by phone or on-line.**

HEROES FOR OUR HEROES

**SAVE THE DATE:
SUNDAY, NOVEMBER 11, 2018
12:00 - 2:00 p.m.**

MARK YOUR CALENDAR



REMEMBER OUR VETERANS

HEROS FOR HEROES

On Sunday, November 11, 2018, from 12 noon to 2:00 pm, Beth Emeth Congregation will be having a celebration luncheon honoring our Veterans.

Joining us for the afternoon is the duo “Two Lane Highway” playing music from our generation along with some patriotic songs.

**Veterans Eat Free! Members \$12.00,
Non-members \$15.00.**

RESERVATIONS ARE A MUST! 13702 W Meeker Blvd. SCW, 623-584-7210. www.bethemethaz.org

FUN STUFF

Get rid of your Brain Freeze by finding “Hidden Girls Names” from the list below:

ADAGE

AVARICE

BANNER

CARAVAN

CHARITABLE

CLOISTER

COUNTESS

ENJOY

ENSUE

EVADE

EVENTUAL

GUIDANCE

IGNORANCE

IRISH

KIMONO

MALICE

MONARCH

NORMAL

OMEGA

PAMPER

SKATEBOARD

STELLAR

SUMMARY

TRUTHFUL

UNIVERSALLY

VERACITY



Join us as the West Valley welcomes
Valley Beit Midrash for another
season of Jewish learning.



**Beth Emeth Congregation
of the West Valley**
13702 W Meeker Blvd
Sun City West, AZ 85375



Jewish Worship Group
Surprise Hampton Inn
14783 West Grand
Avenue Surprise, AZ
85374

**West Valley Programs
Co-Sponsored By**



JEWS ON THE BIG SCREEN: UNDERSTANDING NEW ISRAELI FILM AND TELEVISION

Professor Shai Secunda
Thursday, October 18 | 1 PM
Jewish Worship Group



SONGS OF GENERATIONS; JEWISH HISTORY THROUGH YIDDISH SONG

Rabbi Auram Mlotek
Monday, November 5 | 1 PM
Beth Emeth Congregation of the West Valley



THE HEROIC ESCAPE TO JAPAN AND CHINA DURING THE HOLOCAUST- THE FUGU PLAN!

Rabbi Marvin Tokayer
Tuesday, December 4 | 1 PM
Beth Emeth Congregation of the West Valley



SHE WHO DWELLS WITHIN: SHECHINAH, THE FEMININE FACE OF GD IN TORAH, MYSTICISM, AND OUR WORLD

Rabbi Dr. Tirzah Firestone
Monday, January 21 | 1 PM
Beth Emeth Congregation of the West Valley



THE LIFE AND LEGACY OF ELIE WIESEL: A STUDENT'S PERSPECTIVE

Rabbi Dr. Ariel Burger
Monday, February 4 | 7 PM
Jewish Worship Group



THE GALITSYANERS: (RE)DISCOVERING JEWISH GALICIA

Professor Joshua Shanes
Tuesday, March 19 | 1 PM
Beth Emeth Congregation of the West Valley

Panel Discussion featuring Rabbi Tracee Rosen



JEWISH LITERACY: THE IMPORTANCE OF THE PAGE

Panelists Rabbi Micah Caplan of
Congregation Or Tzion, Rabbi Tracee Rosen
of Beth Emeth Congregation of the West
Valley, and Suzanne Swift of the Jewish
Book Council. Facilitated by local author,
Judy Laufer.

**Wednesday, January 30
7PM | Temple Chai**

**Suggested donation:
\$18 per event**

**Register online:
www.valleybeitmidrash.org**

**Season Passes available:
VIPs, individuals, couples,
and young professionals**

Valley Beit Midrash is a collaborative organization that brings new, exciting, and relevant Jewish programs
to the Greater Phoenix Jewish community in a diverse, welcoming, engaging, and pluralistic setting.
www.ValleyBeitMidrash.org

October 2018
22 Tishri 5779 - 22 Heshvan 5779

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 SHEMINI ATZERET (YIZKOR) Minyan 8:00 a.m. Shemini Atzeret Services 9:00 a.m. Yizkor 10:30 a.m. Simchat Torah Eve 6:30 22 Tishri	2 SIMCHAT TORAH Simchas Torah 9:00 a.m. 23 Tishri	3 24 Tishri	4 Minyan 8:00 a.m. Bereavement 1:00 pm 25 Tishri	5 Services 6:30 p.m. 26 Tishri	6 Services 9:00 a.m. 27 Tishri
7 Cactus Kosher Hot Dog 11:00 - 2:00 p.m. 28 Tishri	8 Minyan 8:00 a.m. 29 Tishri	9 ROSH HODESH I Wise Aging - Rabbi Rosen 10:30 - 11:30 a.m. Adult B'nei Mitzvah Class 10:30 - 11:30 a.m. Keren Goldberg 30 Tishri	10 ROSH HODESH II 1 Heshvan	11 Minyan 8:00 a.m. Sisterhood Board Mtg. 11:30 a.m. And Learning with Rabbi Rosen 1:00 pm Bereavement 1:00 pm 2 Heshvan	12 Services 6:30 p.m. 3 Heshvan	13 Services 9:00 a.m. 4 Heshvan
14 5 Heshvan	15 Minyan 8:00 a.m. 6 Heshvan	16 7 Heshvan	17 8 Heshvan	18 Minyan 8:00 a.m. Hidden Secrets of the 10 Commandments 10:30 - 11:00 a.m. Rabbi Rosen Bereavement 1:00 pm 9 Heshvan	19 Services 6:30 p.m. 10 Heshvan	20 Services 9:00 a.m. 11 Heshvan
21 Rabbi Rosen's Installation 3:00 - 5:00 p.m. 12 Heshvan	22 Minyan 8:00 a.m. 13 Heshvan	23 Wise Aging Rabbi Rosen 10:30 - 11:30 a.m. 14 Heshvan	24 15 Heshvan	25 Minyan 8:00 a.m. Introduction to Judaism 10:30 - 12:00 Noon Rabbi Tracee Rosen Bereavement 1:00 pm 16 Heshvan	26 Services 6:30 p.m. 17 Heshvan	27 Services 9:00 a.m. 18 Heshvan
28 Rummage Sale 10:00 - 2:00 p.m. 19 Heshvan	29 Minyan 8:00 a.m. 20 Heshvan	30 21 Heshvan	31 22 Heshvan			

[Candle Lighting, Observance End, Printed September 27, 2018/18 Tishri 5779 for Phoenix, AZ]

BETH EMETH SISTERHOOD
13702 W. Meeker Blvd., Sun City West, AZ
85375 - 623-584-7210



LUNCHEON/ GAME DAY
Fabulous Food Includes
Coffee, Tea, & Dessert
November 8, 2018
11:30 am—4 pm



All: Men & Women Welcome \$10.00
PAID RESERVATIONS ONLY
Deadline Nov. 1, 2018

Checks payable to Beth Emeth Sisterhood
Send ATTN: Game Day



Name _____ **Phone** _____

If paying for more than one, please list names on separate sheet.

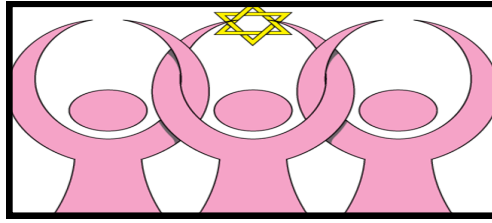
Game interests:

Hand & Foot__ **Mexican Train**__ **Rummy Cube**__ **Poker** __

Mah Jong __ **Bridge** __ **Chess** __ **Pinochle** __

Or: I Have my own group

SISTERHOOD



SISTERHOOD CALENDAR 2018

Please mark the dates for the Sisterhood Meetings. **NOTE:** September Sisterhood Board Meeting will be open to all. Come bring your ideas and help us plan for an exciting year ahead.

October 11, 2018 Thursday	11:30 a.m.	Board Meeting
	1:00 p.m.	General Meeting and learning with Rabbi Rosen
November 8, 2018 Thursday	9:30 a.m.	Board Meeting
	11:30 a.m.	Game Day & Lunch

Chanukkah Plans to be announced.....

Supporting our Congregation and making new friends. Come be inspired by services and enjoy a nosh. Be a part of our sisterhood - Blessings abound in each of us. Help us Grow!





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FAMILY AND FRIENDS FOR CHANUKKAH**





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Sun City West, AZ 85375

1/3 mile North of R.H. Johnson on Meeker Blvd.



CACTUS KOSHER HOT DOG DAY



SUNDAY, OCTOBER 7, 2018

11:00 a.m. - 2:00 p.m.



1/4 Pound Hebrew National Hot Dog

Can of Soda, Chips & Condiments all for \$5.00

**ALL ARE WELCOME, BRING YOUR
SPOUSE, YOUR FRIENDS AND NEIGHBORS**



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Birthdays & Anniversaries

OCTOBER 2018

BIRTHDAY

1 Linda Ziegler
7 Nelson Magedman
9 Andrew Heidecker
12 Cheryl Bookman
12 Ann Goldfarb
14 Sue Goldberg
28 Myron Perlmutter
31 Sy Klein

ANNIVERSARY

No Anniversaries

DONATIONS

CC's Adult Care Two Inc.
CC's Adult Care Inc.

Rosie Colbert
Silvia Choy

Rosemary Abrami
Norman Palmer
Edith Spring
Claudia Wilson



High Holiday Yizkor Donations

**Thank you all for your generosity for the Yizkor donations
during the High Holidays.**

Audrey Albert
Irwin & Alice Bernstein
Abraham Cohen
Jordan Colbert
Rose Doyschen
Jim & Phyllis Frank
Mark & Madelaine Friedman
Melvyn Friedman
Irv Glorit
Ann Goldfarb
Elinor Goldstein
Gao; Grossman
Shirley Gubin
Jan & Andrew Heidecker
Solomon & Shula Kantor
Max Kelley
Elliot & Brenda Kleinman
Marion & Louis Koshar
Norm Kurtz
Sheldon & Judith Koven
Rhoda Lessner
David & Marcia Levy
Nelson & Kathryn Magedman
Beverly Merchant
Robert & Marilyn Newberg
Gerald Rich
Joan Rothfeld
Charlotte Rubinoff
Adele Sacher
Owen Segall
Lorraine Silverman
Sharon Smelkinson
Joyce Stern
Charles & Leah Tarnor
Ketzie & Jim Toney
Evelyn Walter
Moses & Irene Weitzman
Marion Wolf
Alvin & Linda Ziegler

Dear Congregant,

How would you like to give some time and volunteer? Here is a list of jobs that are necessary.

Background in accounting & comfortable using the computer.

Engineering background to help shadow Irv Glorit, and learn the “how too” about the synagogue.

Handy with tools, let us know.

Do you love to read, have I got a job for you!

Call the office and let Sandy know, that you can help.

Thank You

Marilyn



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JOKING CORNER

A Jewish joke is more than just a funny story, for it often has a message for the listener. “First you laugh at a Jewish joke or quip. Then, against your will, you suddenly fall silent and thoughtful. And that is because Jews are so frequently jesting philosophers. A hard life has made them re-alists, real-ists without illusions,” writes Nathan Ausubel, in the intro-duction to his [*Treasury of Jewish Humor*](#).

Many Jewish jokes and anecdotes have made a definite impact on the mind and character of the Jewish people, because they are inspired by a profound wisdom. Though not always anticipated at first, it becomes manifest as soon as we reflect upon them.

A classic Yiddish story makes the following observation:

When you tell an *am ho-oretz* (peasant) a joke, he laughs three times: once, when you tell it, once, when you explain it and once when he understands it.

When you tell a landowner a joke, he laughs twice: once when you tell it and once when you explain it — he will never understand it.

When you tell a military officer a joke, he laughs only once, when you tell it, because he won't let you explain it, and of course, he doesn't understand it.

But when you tell a Jew a joke, he tells you that he has heard it be-fore, and that you are telling it all wrong, anyway.

Public Toilets

Bloomberg, on a business trip, found himself using a public toilet. He had just made himself comfortable when he noticed that the toilet paper roll was empty. He called out to the next stall, “Excuse me, friend, but do you have any toilet paper in there?”

“No, I'm afraid there doesn't seem to be any here, either.”

Bloomberg paused for a moment. “Listen, he said, do you happen to have a newspaper or a magazine with you?”

“Sorry, I don't.”

Bloomberg paused again, and then said, “How about two fives for a ten?”

Charity

The rabbi was angry about the amount of money his congregants were giving to charity.

He prayed that the rich should give more charity to the poor.

“And has your prayer been answered?” asked his wife.

“Half of it was,” replied the rabbi. “The poor are willing to accept the money.”

Find comfort in our garden. It is tranquil in design and in harmony with its natural surroundings. The Biblical Garden is a quiet haven in which to find solace and to rejoice in life.

We welcome your participation in enhancing our garden through your generous contributions to honor, remember, or celebrate a simcha.

An appropriate plaque acknowledging your gift will be placed on the DONOR WALL in the lobby of the synagogue.

Suggested dedicated items

Trees \$500

Shrubs \$300

*Bulbs, Perennials, and
seasonal flower displays \$250*

Help Support Beth Emeth!

Did you know you can support Beth Emeth just by shopping at Fry's? It's easy when you enroll in Fry's Community Rewards! To get started, sign up with your V.I.P Card , and select Beth Emeth Congregation as the local organization you wish to support. Once you're enrolled, you'll earn rewards for Beth Emeth every time you shop and use your V.I.P Card!

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Simcha

<Birthdays
<Anniversaries
<Bar/Bat Mitzvah
<Graduation
<Children
<Grandchildren
<Family <Friends
<Weddings

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in the Sanctuary

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ALIYAH PLATE
which is given out for
honors
at Torah Services
\$50.00

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above items
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Sandy Nonas
623-584-7210

CALENDAR OF
REGULAR EVENTS

(EXCEPTIONS DO HAPPEN, SO
PLEASE CHECK)

- **Executive Meeting**
1st Friday of each
month at 9:30 am
- **Board Meeting -**
3rd Thursday of each
month at 9:30 am
- **Sisterhood Board**
Meeting - 2nd Thurs-
day of each month at
11:00 am. Usually
- **Minyan**
Mondays & Thursdays -
8:00 am

MUSHKATEL, ROBBINS &
BECKER, PLLC

Attorney

15249 N. 99 Avenue

Sun City, Arizona 85351

623-889-0691

CC's Adult Care Inc.

13425 W. Rimrock St., Surprise, AZ

Phone: 623-544-7229

Mgr/Owner: Sylvia Choy

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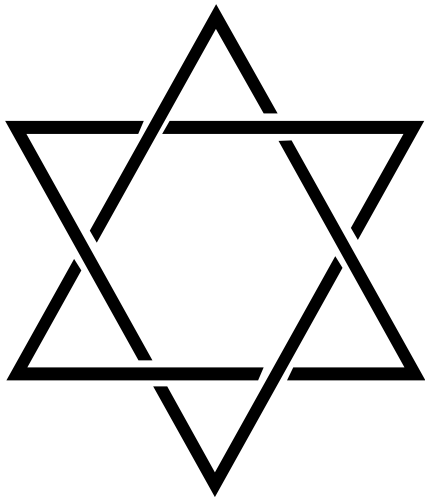
Jewish Family and Children's Service (JFCS)

■ Ellie Schwartzberg of Jewish Family and Children's Service (JFCS) offers individual counseling, referral to appropriate resources and advocacy to Jewish people living in the Sun Cities and surrounding communities.

■ This is a free program underwritten by the Jewish Federation. Ellie has a Master's degree in counseling from ASU and has been at JFCS for the past 32 years working with an older population. She is currently the Vice President of Geriatric Services at JFCS. Ellie offers this program at the Sun Cities Community Services Building on Tuesdays (9451 N. 99th Ave. Sun City) and at Beth Emeth Synagogue (13702 W. Meeker, Sun City West) on Thursdays. Counseling addresses such issues as coping with bereavement and loss, care-giving stress, long term planning and decision making, adjustment to chronic health problems, loss of independence, depression, couples' issues, communication and problem solving with adult children, etc.

■ Ellie facilitates a Bereavement Support Group at Beth Emeth Congregation every Thursday from 1:00 -2:00 PM. This group is open to anyone who has lost a spouse or significant other within the past two years.

■ Please call Ellie Schwartzberg at **602-452-4660** for more information or to make an appointment.



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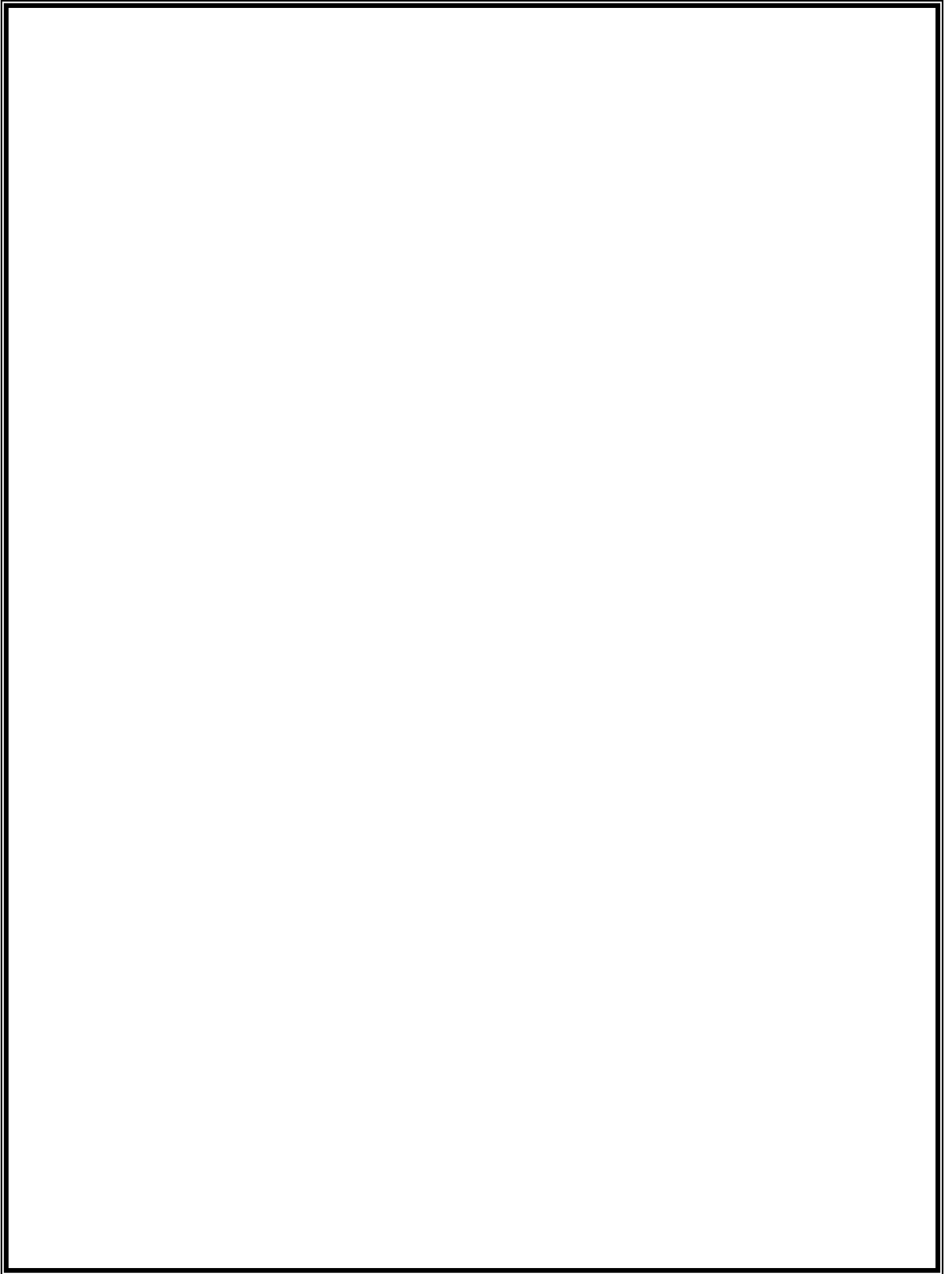
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