

HAPPY BIRTHDAY

March 2017

19 Dr. Abraham Cohen
20 Audra Robins
20 Gilbert Weller 90th



HAPPY ANNIVERSARY

March 2017

No Anniversaries



Reflection on the Sabbath

The Talmud (Shabbat (69b) raises the following question: What happens if you are far away from human habitation and you forget what day it is. How do you observe the Sabbath? The Talmud offers the following answers:

R. Huna said: if one is traveling on a road or in the wilderness and does not know when it is the Sabbath, he must count six days [from the day he realizes he has forgotten] and observe one.

R. Hiyya b. Rav said: he must observe one, and then count six [week] days.

On what do they differ? One master holds that it is like the world's creation. The other holds that it is like [the case of] Adam. From the point of view of the Creator, the Sabbath is the seventh day. From the point of view of the first human beings - created on the sixth day - the Sabbath was the first.

The debate is about which perspective we should adopt. The Decalogue states however : "Six days, you shall labor, but the seventh day is the Sabbath of God, a day of rest." (you begin by working six days and then you celebrate the Sabbath) God knows in advance what will happen. Human beings, do not. And that is why we must patiently count the days of the week in order to know when to observe the Sabbath. And that is the reason our ancestors, who were engaged in the important task of building the Tabernacle, had to cease to work on the Sabbath (Exodus 31:12-17). We shall read this passage in the Torah tomorrow morning and recite "Veshameru Beney Israel" which is included in it.

(inspired by Rabbi Jonathan Sacks)

WELCOME ברוכים הבאים



13702 W. MEEKER BLVD, SUN CITY WEST, AZ. 85375

Phone (623) 584-7210 www.bethemethaz.org Email bethemethaz@gmail.com

Rabbi Leo M. Abrami

SHABBAT KI TISA

Friday Night Services

March 17, 2017

7:30 p.m.

Candle Lighting at 6:20 p.m.

All are welcome

Saturday Morning Services

March 18, 2017 9:00 a.m.

Torah Reading

Rabbi Leo M. Abrami

Exodus 30:11-31:17 pp. 352-356

Numbers 19:1-22 pp. 652-655

Haftarah

Ezekiel 36:16-38 pp. 999-1001

The Kiddish is sponsored by the Congregation
All are welcome

If anyone wants a name listed for a mishebeirach, please call the office by Wednesday of the week and the name will go into the bulletin for that week.

A prayer for healing can be said at any time and does not require a minyan. The Amidah (page 113 in Siddur Sim Shalom) shows a format that can be used: "May it be your will, Lord our God and God of our ancestors, to send perfect healing, of body and soul, to _____, along with all others who are stricken".

George Allen, Ailene Barkhoff, Ricki Dishler, Melissa Engber, Adrienne Flisser, Thomas Hannagian, Howard Marshall, Joan Rothfeld, A. David Silverman, Katie Todora, Marcia Turkiewicz, Esther Weiner

We wish "Refuah Shelemah," a speedy recovery to Congregants, family and friends who are ill. We encourage you to call or visit with them and wish them well.

Mi Shebeirach, by Debbie Friedman

**Mi she-bei-rach a-vo-tei-nu
M'kor ha'bra-cha l'i-mo-tei-nu
May the source of strength
Who blessed the ones before us,
Help us find the courage
To make our lives a blessing,
And let us say, Amen**

**Mi she-bei-rach i-mo-tei-nu
M'kor ha-brach-cha l'a-voti-nu
Bless those in need of healing
With R'fu-a sh'lei-ma
The renewal of body,
The renewal of spirit
And let us say,
Amen**

Please advice Rabbi Abrami of anyone who is ill and would like to be visited. Call the office to provide details.

*Silence in the Sanctuary
Even a few whispered words can destroy the
ambiance of prayer & meditation.*

The following Yahrzeits will be observed during the coming week. Kaddish may also be said on Friday Evening & Saturday morning March 17th & March 18th, 2017.

El Malei Rachamim, the memorial prayer, may be said on the Monday or Thursday preceding the Yahrzeit at the 8:00 am Minyan.

Date	Adar	Deceased	Relationship	Observant
17	19	Ruth Heidecker	Mother	Andrew Heidecker
17	19	Solomon Moskowitz	Grandfather	Sheldon Koven
18	20	Anne Debber	Mother	Stanley Debber
18	20	Victor Shmukler	Father	Shula Kantor
18	20	Phil Weiss	Brother-in-law	Selma Weiss
19	21	Harold Laschiver	Father	Susan Laschiver Hahn
20	22	Gloria Davis	Sister	Dr. Abraham Cohen
20	22	Samuel Nulman	Father	Ms. Charlotte G. Rubinoff
21	22	Jack Herman	Father	Selma Weiss
21	23	Joseph Tarnor	Father	Charles Tarnor
22	24	Sarah Weintraub	Mother	Joseph Weintraub
22	24	Sara Ziegler	Mother	Alvin Ziegler
24	26	Nathan Auerbach	Brother	Gloria Greenberg

**Rabbi Abrami is available for counseling on Mondays from 9:00 to 11:00 a.m. (by appointment).
Please call 623-584-7210.**