

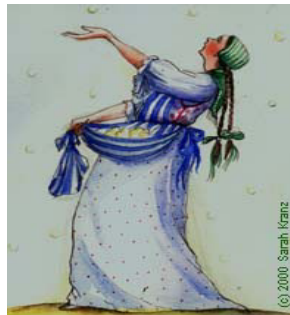
SHABBAT BESHALACH

Soon after allowing the children of Israel to **depart from Egypt**, Pharaoh chases after them to force their return, and the Israelites find themselves **trapped** between Pharaoh's armies and the sea. G-d tells Moses to raise his staff over the water; the **sea splits** to allow the Israelites to pass through, and then closes over the pursuing Egyptians. **Moses** and the children of Israel **sing** a **song** of praise and gratitude to G-d.

In the desert the people suffer thirst and hunger, and repeatedly **complain** to Moses and Aaron. G-d miraculously sweetens the bitter waters of Marah, and later has Moses bring forth **water from a rock** by striking it with his staff. He causes **manna** to rain down from the heavens before dawn each morning, and **quails** to appear in the Israelite camp each evening.

The children of Israel are instructed to gather a **double portion** of manna on Friday, as none will descend on **Shabbat**, the divinely decreed day of rest. Some disobey and go to gather manna on the seventh day, but find nothing. Aaron preserves a small quantity of manna in a **jar**, as a **testimony** for future generations.

In Rephidim, the people are attacked by the **Amalekites**, who are defeated by Moses' prayers and an army raised by **Joshua**.



WELCOME ברוכים הבאים

 BETH EMETH
CONGREGATION

Affiliated with the United Synagogue of Conservative Judaism



13702 W. MEEKER BLVD., SUN CITY WEST, AZ. 85375

Rabbi Tracee Rosen

Candle lighting 5:28 p.m.

SHABBAT BESHALACH

January 18, 2019

Friday Night Services

Oneg sponsored by the Congregation

Services 6:30 p.m.

January 19, 2019

Saturday Morning

Services 9:00 a.m.

Exodus 14:26-17:16

pp. 269-281

Judges 4:4-5:31

pp. 281-287

Kiddush sponsored by the Congregation

The following Yahrzeits will be observed during the coming week. Kaddish may also be said on Friday evening & Saturday morning January 18, 2019 & January 19, 2019. El Malei Rachamim, the memorial prayer, may be said on the Monday or Thursday preceding the Yahrzeit at the 8:00 am Minyan.

<u>Date</u>	<u>Shevat</u>	<u>Deceased</u>	<u>Relation-ship</u>	<u>Observant</u>
18	12	Philip Weintraub	Husband	Norma Weintraub
19	13	Toby Hochman	Mother	Rose Doyschen
20	14	Abe Doyschen	Father-in-law	Rose Doyschen
20	14	Nathan Gottlieb	Father	Peggy Markowitz
20	14	Sam Lauer	Father	Gail Grossman
21	15	Yale Caplan	Brother	David Caplan
22	16	Dorothy Poss	Mother-in-law	Sonia Marshall
23	17	Irving Segall	Uncle	Owen Segall
24	18	Marty Feldman	Brother-in-law	A. David Silverman
24	18	Clara Perlmutter	Mother	Myron Perlmutter

BirthDay
JANUARY

18 Jan Heidecker

Anniversary
JANUARY



Wishing you a very Happy Birthday

Prayer for healing

We wish "Refuah Shelemah" - a speedy recovery - to congregants, family and friends who are ill.

We encourage you to call or visit with them and wish them well.

Ailene Barkhoff, Barry Bookman, James Clapp, Al Cohen, Peter Enneking, Joe Favela, Cindy Frami. Keren bat Maya Rut, Irv Glorit, Maya Goldberg, Thomas Hannagian, Barry Himmelfarb, Dovid Ben Itchok, Sheldon & Judith Koven, Don Lehrer, Marc Levenshus, Samantha Leznek, Alissa Leznek, Peggy Markowitz, Charlotte Mars, Michele Moschel, Joel Moskowitz, Barbara & Harry Newman, Sy Perlis, Golda Leah bat Malkah Miriam, Charlotte Rubinoff, Cyrene Schochet, Elaine Schwartz, A. David Silverman, Joyce Stern, Robert Summer, Charlie Tarnor, Randy Thomas, Marcia Turkiewicz, Richard Wasserman

Mi Shebeirach, by Debbie Friedman

***Mi she-bei-rach a-vo-tei-nu
M'kor ha'bra-cha l'i-mo-tei-nu
May the source of strength
Who blessed the ones before us,
Help us find the courage
To make our lives a blessing,
And let us say, Amen***

***Mi she-bei-rach i-mo-tei-nu
M'kor ha-brach-cha l'a-votei-nu
Bless those in need of healing
With R'fu-a sh'lei-ma
The renewal of body,
The renewal of spirit
And let us say,
AMEN***