

Happy
Anniversary

Wilma and Arthur More

How about learning something new ?

Rabbi Abrami is starting a series of courses in September that are open to everyone, not just members. Pick up a flyer from the table in the lobby, make your reservation and spread the word among your friends.

Torah Commentary by Rabbi Abrami

The Torah reading of this week includes Moses' call to the Children of Israel to acknowledge the watchword of our faith: "Hear O Israel, the Lord is our God, the Lord is One".

Rabbi Zalman Schachter, the founder of the Renewal movement, once taught that we should meditate on these words in the following way:

We should repeat the sentence four times, the first time including in our thoughts, as we say the word "Israel", all our dear ones; and then all those whom we would like to join the community of Israel; then all those who are opposed to this creed; and finally recite these words including all of them.

This is a simple meditation that we could all do when we say the Shma Israel.

WELCOME ברוכים הבאים



13702 W. MEEKER BLVD., SUN CITY WEST, AZ. 85375

(623) 584-7210 www.bethemethaz.org e-mail bethemethaz@gmail.com

President: Joseph Weintraub

Rabbi Leo M Abrami

Shabbat Nahamu

Friday 19 August 2016; 15 Av 5776

Kabbalat Shabbat at 7:30 p.m.

The Oneg will be sponsored by the Congregation

All are welcome

Saturday 20 August 2016; 16 Av 5776

Shabbat Service 9:00 a.m.

The Kiddush will be sponsored by the Congregation

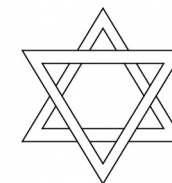
All are welcome

Torah: Va-et-hannan (Deuteronomy) 6:4 - 7:11

Pages 769 - 776

Haftarah: Isaiah 40:1 - 26

Pages 776 - 779



We wish "*Refuah Shelemah*," a speedy recovery to congregants, family and friends who are ill. We encourage you to call or visit with them and wish them well.

Marcia Turkiewicz Abraham David Silverman

If anyone wants a name listed for a *mishebeirach*, please call the office by Wednesday of the week and the name will go into the bulletin for that week.

A prayer for healing can be said at any time and does not require a minyan. The Amidah (page 113 in Siddur Sim Shalom) shows a format that can be used: "May it be your will, Lord our God and God of our ancestors, to send perfect healing, of body and soul, to _____, along with all others who are stricken".

Mi she-bei-rach a-vo-tei-nu
M'kor ha'bra-cha l'i-mo-tei-nu
May the source of strength
Who blessed the ones before us,
Help us find the courage

Mi she-bei-rach i-mo-tei-nu
M'kor ha-brach-cha l'a-votei-nu
Bless those in need of healing
With *refuah shelemah* -
The renewal of body,

Please advise Rabbi Abrami of anyone who is ill and would like to be visited. Call the office to provide details.

Rabbi Abrami is available for counseling on Mondays from 9 to 11 am (by appointment). Please call 623-584-7210

The Shabbatot of Consolation

During the last three weeks we have read Haftatot of "mourning". The prophets, at different times and in differing places, spoke of the sad consequences of the behavior of the Israelites as they turned their backs on the teachings handed down through Moses. Now we enter the period during which we read the seven Haftarat of "consolation". These lead up to Rosh Hashanah when, if we elect to conduct ourselves in a worthy fashion, we will be able to start the coming new year re-invigorated and determined to be "*menschen*" in the sight of our Maker and our fellow human beings.

Sunday August 28 is The Day

See you on Sunday at the Meet and Greet at 10:30 and bring at least one unaffiliated friend. New or returning members are the only way we can ensure the continued survival of Beth Emeth! Even if you didn't make a reservation you are welcome, there's always enough food around here...

Honor this very important date...

On Sunday, September 11 Beth Emeth will host a commemoration of those who died, those who rescued and those who were otherwise affected by the horrendous attacks on that date in 2001.

Lunch will be served and there will be a community honor ceremony in which leaders of Sun City West clergy will participate and the guest speaker will be Congressman Trent Franks.

This function is open to the public, not only to Beth Emeth members, so please invite friends of all faiths. There is no charge but reservations are required so please call the office at 623-584-7210 between 9 am and noon.

The following Yahrzeits will be observed during the coming week. Kaddish may be said on Friday evening & Saturday morning August 19 and 20, 2016.

El Malei Rachamim, the memorial prayer, may be said on the Monday or Thursday preceding the Yahrzeit at the 8:00 am *Minyan*.

Aug	Av	Deceased	Relationship	Observant
27	23	Barbara Paul	Wife	Ron Paul

The *Minyanaires* is a dedicated group of Jewish individuals who meet on Monday at 8:00 am and Thursday at 8:00 am to pray *shacharit*, the morning service. Everyone is welcome, whether saying *kaddish* or not.

Bereavement Group
with Ellie Schwartzberg
Thursdays 10 am- 2:00 pm
at Beth Emeth