

## HAPPY BIRTHDAY

Iris Silverman 7/27  
Marvin Geller 7/30

### Torah commentary by Rabbi Abrami

As the Israelites approached the border of his land, Balak, King of Moab, became very concerned about the safety of his country. Instead of planning to go to war against the tribes of Israel, however, he resorted to a strategy which was often used in his days: he would curse the Israelites so that his divinities might protect him from a potential enemy.

He sent for Balaam, the prophet, and asked him to curse the Israelites. Balaam, however, responded to Balak that he could do only what God would allow him to do.

Balaam proceeded with the usual ritual and when he entered a trance, he actually *blessed* the people of Israel, rather than cursing them. And one of the blessings he uttered is recited to this day, whenever we enter a synagogue: "How goodly are your tents, O Jacob, and your dwelling places, O Israel" (Mah tovu). (Numbers 24:5).

This episode teaches us that God sent non-Jewish prophets as well as Jewish ones, which points to the fact that Adonay, our Lord, is a universal God, and not just a tribal god.

## ברוכים הבאים WELCOME



13702 W. MECKER BLVD., SUN CITY WEST, AZ. 85375

Phone (623) 584-7210 [www.bethemethaz.org](http://www.bethemethaz.org) Fax (623) 975-2976

President: Joseph Weintraub

Rabbi Leo M Abrami

### Shabbat Balak

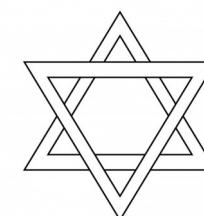
Friday July 22, 2016; Tammuz 16 5776  
Kabbalat Shabbat at 7:30 p.m.

The Oneg will be sponsored by the Congregation  
All are welcome

July 23, 2016; Tammuz 17 5776  
Shabbat Service 9:00 a.m.

The Kiddush will be sponsored by the Congregation  
All are welcome

Torah: Bamidbar (Numbers) 23:27 to 25:9  
Pages 677 to 682  
Haftarah: Micah 5:6 to 6:8  
Pages 682 to 685



## Academy of Jewish Studies

Classes, taught by Rabbi Abrami, will start in September.  
Please pick up a flyer with all the details, on the table in the lobby.

- Kabbalah: A spiritual path beyond organized religion
- History of Zionism and the State of Israel, from Theodor Herzl to our days
- Reading Hebrew with the mnemonic method
- Biblical Hebrew; a textual study of chapter 1 of the book of Jonah.

We wish "Refuah Shelema," a speedy recovery to congregants, family and friends who are ill. We encourage you to call or visit with them and wish them well.

Troy Ball  
Shifra Heyman

Marcia Turkiewicz  
Eliahu Heyman

Abraham David Silverman

If anyone wants a name listed for a *mishebeirach*, please call the office by Wednesday of the week and the name will go into the bulletin for that week.

A prayer for healing can be said at any time and does not require a minyan. The Amidah (page 113 in Siddur Sim Shalom) shows a format that can be used: "May it be your will, Lord our God and God of our ancestors, to send perfect healing, of body and soul, to \_\_\_\_\_, along with all others who are stricken".

Mi she-bei-rach a-vo-tei-nu  
M'kor ha'bra-cha l'i-mo-tei-nu  
May the source of strength  
Who blessed the ones before us,  
Help us find the courage  
To make our lives a blessing  
And let us say, Amen

Mi she-bei-rach i-mo-tei-nu  
M'kor ha-brach-cha l'a-votei-nu  
Bless those in need of healing  
With refuah shelema -  
The renewal of body,  
The renewal of spirit  
And let us say, Amen

Rabbi Abrami is available for counseling on Mondays from 9 to 11 am (by appointment). Please call 623-584-7210



The following Yahrzeits will be observed during the coming week.

Kaddish may be said on Friday evening & Saturday morning July 22 and 23, 2016.

El Malei Rachamim, the memorial prayer, may be said on the Monday or Thursday preceding the Yahrzeit at the 8:00 am Minyan.

July	Tam-muz	Deceased	Relationship	Observant
24	18	Harold Lessner	Husband	Rhoda Lessner
25	19	Irving Scher	Father	Ann Goldfarb
26	19	Norman Walter	Husband	Evelyn Walter
26	20	Israel Ben-Yosef	Father	Shoshanna Perlmutter
28	22	Molly Merchant	Mother-in-law	Beverly Merchant

The *Minyanaires* is a dedicated group of Jewish individuals who meet on Monday at 8:00 am and Thursday at 8:00 am to pray *shacharit*, the morning service. Everyone is welcome, whether saying *kaddish* or not.



Please advise Rabbi Abrami of anyone who is ill and would like to be visited. Call the office to provide details.

